

Dr. Iftikhar Ahmad Wani

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Corresponding Address: Department of Physical Education, Aligarh Muslim University, Aligarh, 202002

Dear Sir/Madam,

I am writing to express my keen interest in joining your esteemed organization and contributing to its mission. Enclosed, please find my Curriculum Vitae, which outlines my extensive academic background, research experience, and dedication to Physical Education and Sports Sciences.

During my academic journey, I have developed a strong passion for Physical Education, focusing on various aspects of Sports Sciences, Physical Literacy, and Research. My experience encompasses roles such as Assistant Professor, Content Creator, Curriculum Developer for Physical Literacy, Physical Education Teacher, Sports Coach, Sports Manager, and Program Coordinator. Through these roles, I have honed my skills in innovative teaching methods, student mentorship, crisis management, event organization, content creation, and curriculum development. I have a proven track record of presenting research at both national and international conferences and contributing to scholarly publications in reputable journals and books. My practical experience has allowed me to apply theoretical knowledge in real-world scenarios, facilitating the development of students' physical skills alongside instilling crucial life skills and values.

I am particularly drawn to your organization's reputation for excellence in teaching, research, and fostering the holistic development of students. I am eager to join a dynamic team where I can leverage my skills and knowledge to further the organization's objectives.

My background offers a unique blend of academic rigor, research proficiency, and personal development expertise, which I believe aligns well with the ethos of your organization. I am confident that my dedication to cultivating leadership skills, creating educational content, and guiding students aligns with your organizational values.

I am enthusiastic about the possibility of contributing to your team's success and am eager to discuss how my background and experiences can add value to your organization. Please feel free to contact me at +917065246187 or via email at iftikhar.ahmad9@yahoo.com to schedule an interview.

Thank you for considering my application. I am looking forward to the opportunity to discuss in greater detail how I can contribute to your organization's success.

Warm regards,

Dr. Iftikhar Ahmad Wani

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Aligarh Muslim University, Aligarh



Objective:

Passionate educator with a Ph.D. in Physical Education and comprehensive experience in Sports Sciences and Research. I aim to apply my expertise in pioneering teaching strategies, curriculum enhancement, and leadership cultivation to inspire and empower students, as demonstrated throughout my academic journey and professional roles.

Academic Qualification:

- ✓ **Ph.D.**
 - ✓ Area of Research: Sports Management
 - ✓ Aligarh Muslim University, Aligarh
 - ✓ Year of Passing: 2022
 - ✓ Thesis Available Online: (<http://hdl.handle.net/10603/442337>)
- ✓ **MPEd (Masters of Physical Education)**
 - ✓ Sant Gadge Baba Amravati University, Amravati
 - ✓ Year of Passing: 2014
- ✓ **BPEd (Bachelor of Physical Education)**
 - ✓ Sant Gadge Baba Amravati University, Amravati
 - ✓ Year of Passing: 2011
- ✓ **Diploma in Computer Programming and Applications (DCPA)**
 - ✓ Indira Gandhi National Open University (IGNOU)
 - ✓ Year of Passing: 2012
- ✓ **Bachelor of Arts (BA)**
 - ✓ Kashmir University
 - ✓ Year of Passing: 2010

Exams Qualified:

- ✓ NTA/UGC NET (5 times)
- ✓ UGC-SET/SLET

Awards:

- ✓ Science Glory Award (International, honoured by Indian Council of Medical Research - ICMR)
- ✓ Qualified for UGCMAJRF
- ✓ Qualified for UGCMAJRF

Other Qualification:

- ✓ Certificate Course in Sports Management, Kristu Jayanti College, Bengaluru
- ✓ Certificate Course in Total Quality Management – I, IIT Kanpur (NPTEL Online)
- ✓ Course on Research Methodology, National Law University Delhi (CEC Online)
- ✓ UGC-sponsored course on Technology-led Education
- ✓ 15-Day Workshop on Marching Band

Areas of Specialization:

- ✓ Expert in coaching and counselling for UGC NET JRF, SLET, and other competitive exams.
- ✓ Specialist in teaching pedagogy and sports science analysis with expertise in innovative teaching methods.
- ✓ Experienced in paper setting, exam conducting, and evaluation processes.
- ✓ Proficient in physical literacy, content creation, curriculum development, risk management, and event organization.
- ✓ Adept at organizing and managing events, including conferences, symposiums, workshops, and tournaments.
- ✓ Skilled in guiding and mentoring students in project development, enhancing their academic and professional growth.
- ✓ Extensive experience in refining curricula to meet educational objectives and industry standards.
- ✓ Proficient in creating educational content, including lesson plans, study materials, and multimedia resources.
- ✓ Effective in fostering leadership skills in students, promoting their personal and professional development.

Subject Specialization:

- ✓ Sports Sciences
- ✓ Sports management

- ✓ Exercise Physiology
- ✓ Health Education
- ✓ Sports Nutrition
- ✓ Research Methodology
- ✓ Other Physical Education & Sports Subjects

Game Specialization:

I can teach:

- ✓ Cycling
- ✓ Volleyball
- ✓ Badminton
- ✓ Table Tennis
- ✓ Basketball
- ✓ Athletics
- ✓ Other sports, as well

Work experience:

- ✓ Currently working as Assistant Professor (Contractual), Directorate of Physical Education & Sports, University of Kashmir from March 2024.
- ✓ Worked as Content Creator and chief Trainer at OGI VOO Sports Pvt. Ltd., Kochi, Kerala, India from June 2023 to February 2024.
- ✓ Assistant Professor (Contractual), Department of Physical Education, University of Ladakh from 19th May 2022 to 27th April 2023.
- ✓ Physical Education Teacher and Sports Coach at **Edusports** (India's leading sports Industry)
- ✓ **SM Sportathon** (Another leading Industry for Physical Education)
 - Program Manager/Coordinator

Administrative Positions Held:

- ✓ Academic & Activity in charge of MPed for the session 2024- 2025 at the Directorate of Physical Education & Sports, University of Kashmir, Srinagar.
- ✓ Member of the Events Organizing Committee at the Directorate of Physical Education & Sports, University of Kashmir, Srinagar
- ✓ Head of Training and Content Creation Team at OGI VOO Sports Pvt. Ltd.

- ✓ In charge of the Department of Physical Education, Kargil Campus, UoL
- ✓ Member of the Board of Studies, University of Ladakh
- ✓ In charge of Sports at the Kargil Campus, University of Ladakh
- ✓ Organizing member for the Human Performance Lab, Kargil Campus, UoL.

Research Publications & Presentations:

- ✓ Presented research papers at 12 international conferences and 3 national conferences
- ✓ Published a book, "Building a Foundation – A Resource Manual for Physical Educators"
- ✓ Contributed a book chapter, "Kashmiri Special Sports Rituals," to a publication by Banaras Hindu University (BHU)
- ✓ Contributed a book chapter, "Effective Management of a Public Health Service Program," to a publication by Jamia Millia Islamia (JMI) University
- ✓ Published 2 papers in conference proceedings

List of Publications:

1. Patent(s) Published

- (I) Biofeedback-Enabled Training Methodology for Optimizing Athletic Performance.

(Application No.: 202411043725)

<https://iprsearch.ipindia.gov.in/PatentSearch/PatentSearch/ViewApplicationStatus>

- (II) Systematic Approach Integrated with Artificial Intelligence-Based Technique to Compare and Contrast the Pros and Cons of Various Athletes.

(Application No.: 202311006384)

<https://ipindiaservices.gov.in/PatentSearch/PatentSearch/ViewApplicationStatus>

2. Patent(s) Granted

- (i) Artificial Intelligence Based Heart Rate Monitoring Device for Sports Training
(Application No.: 422827-001)

3. Scopus-indexed journals:

- i) The Premature Sports Career Termination by University Athletes; Reasons and Preventive Measures (ACCEPTED FOR THE PUBLICATION BY "Physical Education and Sport Pedagogy" <https://www.tandfonline.com/toc/cpes20/current>.
- ii) A Comparative Analysis of Self-Efficacy among Kabaddi and Handball Players in the Iraqi Context. <https://www.hrpub.org/download/20240229/SAJ8-19935442.pdf>
- iii) Sports Event Data Acquisition Method Based on Wireless Sensor Technology and BP Neural Networks. <https://ieeexplore.ieee.org/abstract/document/10397943>
- iv) A Redit Analysis of Formulation and Implementation Success of Strategic Planning for Sports Development Among the Universities of India. International Journal of Professional Business Review, 7(6), e0802. <https://doi.org/10.26668/businessreview/2022.v7i6.e802>
- v) Rehabilitation of self-confidence through meditation, relaxing exercises, and personal counselling. International Journal of Health Sciences, 6(S1), 962-968. <https://doi.org/10.53730/ijhs.v6nS1.4850>, retrieved on 31-03-2022 from, <https://sciencescholar.us/journal/index.php/ijhs/article/view/4850>.
- vi) Relaxation and Psyching-Up in Sport: Anxiety Management Using Psychological Techniques. Journal of Positive School Psychology, 6(2), 2642-2647. Retrieved on 31-03-2022 from <https://journalppw.com/index.php/jpsp/article/view/1843>.

4. Indexed in 'Ulrichs Web Global Serials Directory (USA).'

- vii) The Decline of University Sport in India; Causes and Retention Measures, Journal of Sports Research E-2410-6534/P-2413-8436, URL: <http://www.conscientiabeam.com/journal/90>.

5. UGC Care listed journals:

- viii) A study of Sports Facilities Management Available in Indian Educational Institutions, Think India Journal, Vol-22, Special Issue-08, 2019. https://www.researchgate.net/publication/339427748_A_Status_Study_of_Sports_Facilities_Management_Available_in_Indian_Educational_Institutions.

- ix) Formulation of Sport Management Strategic Planning using SWOT Analysis, Parishodh Journal, Volume IX, Issue III, March/2020. https://www.researchgate.net/publication/340255573_Formulation_of_Sport_Management_Strategic_Planning_using_SWOT_Analysis.
- x) Vital Stages of Management of Human Capital in Sport Organizations, SHODH SANCHAR BULLETIN, Vol. 10 Issue 40 October to December 2020, Page Nos. 36-41 (Print only).

6. Peer-Reviewed journals:

- xi) Impulsivity as A Function of Time Spent by Youth on Social Networking Sites, IJRAR December 2018, Volume 5, Issue 4, https://www.researchgate.net/publication/344350023_Impulsivity_As_A_Function_of_Time_Spent_By_Youth_on_Social_Networking_Sites

Paper Presentation at Conferences:

Name of the conference	Organized By	Title of Paper Presented	International/ National
2 nd International Azerbaijan Congress on Life, Social, Health, and Art Science	The University of Mindanao	Unemployment and Government Policies: a New Answer to an Old Question	International
6 th International 'Basket' Congress on Physical, Social, and Health Sciences	Shoolini University	Assessment of Nutritional Self-Efficacy Among University Athletes	International
International online Seminar and Workshop	Shri Shivaji College of Physical Education, Amravati, Maharashtra	Essential Phases of Human Resource Management in Sport Organizations	International
4th International & 31 National Conference on Sports Psychology Serving Athletes and Coaches	Indira Gandhi Institute of Physical Education & Sports Science, DU	Unemployment and Govt Policies	International
International Conference (Online) On Building Resilient and Sustainable Societies: Emerging Social and Economic Challenges Under the Aegis of UGC-DRS SAP-I Programme	Department of Geography (UGC DRS-SAP-I & DST-FIST Supported) Jamia Millia Islamia, New Delhi - 25	Effective Management of a Public Health Program	International
International Virtual Conference on Physical Education and Sports.	Manipal University, Jaipur	Some Credible Global Approaches to Sport Organizational Effectiveness	International
International Conference on Physical Education and Sports Sciences 20.	Manipal University, Jaipur	Do Aerobic Exercises Increase the level of Hemoglobin in mid-age people?	International

International Conference on Physical Education and Sports Sciences 20.	Manipal University, Jaipur	An Empirical Study on the Attitude of Society Towards Unemployed Physical Educators	International
International Conference on Science, Technology & Public Health ICSTPH - 2020	ICMR	Fifteen Essential Steps of Planning And Evaluating An Effective Public Health Service Program	International
International Symposium on the Interdisciplinary Hermeneutic: Reappraising the Socio-Cultural Episteme	School of Humanities Lovely Professional University, Punjab.	Emerging social evils and a way forward for their culmination	International
International Conference on the Recreational and Traditional Games of India	PGTD of Sant Gadge Baba Amravati University, Amravati	Recreation and Recreational Activities of Traditional India	International
Two Day International Conference on Stress Management: Dimensions and Suggestive Measures.	Department of Psychology, Govt Degree College for Women, Anantnag, in Collaboration with the Institute of Public Policy and Research Development.	A Status Study on Stress Level and Problems Faced by Unemployed Physical Educationists	International

1. Embracing the Transformative Waves: Exploring the Nexus of Industry 4.0 and 5.0 with Physical Activity Integration, Chapter 2023
 - Book Name: Integrating Immersive Technologies for Disruptive Teaching and Learning
 - Publisher: www.routledge.com/sport
 - ISBN: will be available in March 2024
2. Beyond the Game: Navigating Trends in Contemporary Sports Management Academia,
 - The book was accepted for the Publication by www.routledge.com/sport
3. Title: Kashmiri Special Sports Rituals, Chapter, 2021
 - Indigenous Games and Sports Of India
 - Publisher: Banaras Hindu University (BHU)/Khel Sahitya Kendra
 - ISBN: 9789393393074
4. Title: Building A Foundation, A Resource Manual For Physical Educators
 - Book, 2020
 - Building A Foundation, A Resource Manual For Physical Educators
 - Publisher: SPORTS PUBLICATION PUBLISHER AND DISTRIBUTOR
 - ISBN: 978-93-90016-36-5
5. Title: Effective Management Of A Public Health Service Program
 - Chapter
 - Social, Economic, And Health Wellbeing Emerging Issues And Challenges
 - Publisher: Jamia Millia Islamia (JMI)/ RK Books
 - ISBN: 978-93-82847-27-4
6. Title: An Empirical Study On Attitude Of Society Towards Unemployed Physical Educators
 - Paper, 09/01/2020, Vol. 1, Pg. No. 267-269
 - Physical Education And Sports Sciences
 - Publisher: Khel Sahitya Kendra
 - ISBN: 978-81-944149-8-8
7. Title: Does Aerobic Exercises Increase The Level Of Hemoglobin In Mid Age People?
 - Paper, 09/01/2020, Vol. 1, Pg. No. 135-139
 - Physical Education And Sports Sciences
 - Publisher: Khel Sahitya Kendra
 - ISBN: 978-81-944149-8-8

Workshops Attended

- ✓ AICTE Regocnized Faculty Development Program on Effective Curriculum Implementation, Conducted by Curriculum Development Centre Department of the National Institute of Technical Teachers Training and Research Chandigarh, Ministry of Education, Government Of India.
- ✓ SEVEN-DAY INTERNATIONAL WORKSHOP ON CLINICAL ORTHOPEDIC BIOMECHANICS IN SPORT (SPORTS MEDICINE) (IWCOBIS-22) organized by the Department of Physical Education, Aligarh Muslim University, Aligarh.
- ✓ "Movements towards Fitness" organized by the Institute of Arthroscopy and Sports Medicine (IASM)
- ✓ One week's workshop on Research Methodology organized by Aligarh Muslim University, Aligarh
- ✓ The Department of Physical Education, Aligarh Muslim University, Aligarh, organized a one-week yoga workshop.
- ✓ Online Workshop on Quality Research and Scholarly Publications Using Scopus and Mendeley 19th May 2020. Organized by AMU Aligarh.
- ✓ Discovering Statistics Using SPSS & R (DSSR – 2021) Organized by the Department of Physical Education, BHU.

Workshops Organized

- ✓ Organized a one-day workshop on "Basic Life Support" on March 18, 2024, at the Directorate of Physical Education and Sports, University of Kashmir.
- ✓ Conducted a one-day workshop on Yoga, themed "Yoga for Society," on June 21, 2024, at the Directorate of Physical Education and Sports, University of Kashmir.
- ✓ Hosted a Seven-Day National Yoga Workshop from June 14 to June 21, 2022, at the Department of Physical Education, Kargil Campus, University of Ladakh.

Events Organized

- ✓ Organized the **3rd International Conference on Yoga & Sports for Global Well-Being**, titled "Bridging the Gap Between Yogic Sciences and Diverse Communities," at the Directorate of Physical Education, University of Kashmir, Srinagar.

- ✓ Conducted an **Intra-Mural Football Tournament** for men and women on 28th May 2024 at the Directorate of Physical Education, University of Kashmir, Srinagar.
- ✓ Coordinated an **Inter-Departmental Cycle Race** for men and women on 24th May 2024 at the Directorate of Physical Education, University of Kashmir, Srinagar.
- ✓ Hosted an **Inter-Departmental Road Race** for men and women on 22nd May 2024 at the Directorate of Physical Education, University of Kashmir, Srinagar.
- ✓ Organized a **morning session with mentally disabled children** at PRABH AASRA, Kerala, Chandigarh, in May 2023.
- ✓ Coordinated **self-defense workshops for girls** in various well-established schools across India.
- ✓ Led the **Har Ghar Tiranga Week** at the University of Ladakh, Kargil campus.
- ✓ Organized **annual sports days** in several well-established schools across India.
- ✓ Planned special events for **Republic Days, Independence Days, Environmental Days**, and other significant occasions in well-established schools across India.
- ✓ Arranged events for **Children's Days, Parents' Days, and Grandparents' Days** in well-established schools across India.
- ✓ Managed **intramural and extramural activities** in well-established schools across India.

Lectures Organized as a Resource Person:

- ✓ Conducted a session on "Achieving True Success: Understanding the Concept and Pathways to Attain it" for Secondary School students at ASCENTS EDUCATIONAL INSTITUTE GANDERBAL KASHMIR on 18th May 2024.
- ✓ Conducted a session on Research Design at Two Days Workshop on Basic Research Methodology for PG Students on 5 & 6 November 2022, organized by Tribal Research Institute, Kargil Campus, UoL
- ✓ Conducted Seventeen (17) invited Lectures and one sessional test for the subject "Fitness Assessment and Weight Management" (course: PG diploma in Fitness and Yoga Studies) between 10th January 2023 and 30th January 2023 at the Department of Physical Education, Aligarh Muslim University, Aligarh.
- ✓ Formulated syllabus for the program of BPed at the University of Ladakh

Editorial in-charge

- ✓ Served as Editor-in-Chief of the biannual newsletter "Sports Spectrum," published by the Directorate of Physical Education, University of Kashmir, Srinagar.

Collaboration

- ✓ OGI VOO Sports Pvt. Ltd., India's 1st Multinational Physical Literacy Organization, Head Office Kochi, Kerala, India
- ✓ Edusports/Sports Village: India's number 1 School Sports and Physical Education Organization, Head office: Bangalore
- ✓ Sportathon: Awarded and Recognized School Sports & Physical Education Organization, Head office: Delhi
- ✓ Physical Education Foundation of India (PEFI), Head office: Delhi
- ✓ SHAPE America, (Society of Health & Physical Education) Head office: Annapolis Junction, America
- ✓ NPTEL (National Programme on Technology Enhanced Learning)

Personal Details

Name:	Iftikhar Ahmad Wani
Marital Status:	Unmarried
Permanent Address:	Jammu & Kashmir
Languages Known:	English, Hindi, Urdu

I, with this, declare that all the above information given is true and correct to the best of my knowledge and Belief.

Dr. Iftikhar Ahmad Wani