

Curriculum vitae

Dr. Vinayak B Angadi

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CAREER OBJECTIVE

- To pursue a challenging carrier in Ayurveda and accept every opportunity, which can give me a chance to provide me good exposure to expand knowledge. I am passionate to provide the benefits of the Ayurveda, especially through Panchakarma and diet management to the people.
- To exhibit my skills and expand my horizons in the field of Ayurveda while adding my value continuously to the institute and myself.
- Work in the field of Publication and Editorial team for quality and effective publications.

QUALIFICATIONS

- Bachelor of Ayurveda Medicine and Surgery (BAMS)
- Doctor of Medicine in Panchakarma (MD)
- Pursuing Ph.D. in Panchakarma

SKILLS

Academical Skills:

- Completed UG with first class.
- Completed PG with first class.
- First Rank in MD in the department of Panchakarma.
- First Rank in KLE Pre Ph.D. university examination.

Innovative Skills:

- Filed a patent in the field of **NOVEL DRUG DEVELOPMENT**.
- Completed few certificate courses like Stress Management, Health Research fundamental by NPTEL.
- Developed and Published manual on standard operating procedures for Panchakarma procedures.
- Made various videos of Panchakarma procedures for ICT teaching.
- Developed and in charge for KLE Ayurveda Hospital website and In charge of IT Cell.
- Published 5 articles.
- Conducted online classes for undergraduate students using various online platforms.
- Developed QR codes for Do's and Don't's during Panchakarma Procedures for optimum patient care.
- Developed Do's and Don't's during Panchakarma Procedures in 7 languages for optimum patient care.

Computer Skills:

- Have knowledge on MS Office, PowerPoint presentation, organizing online webinars, video live streaming etc.
- Handling Institute and Hospital Website.
- Working as the chief coordinator for IT – Cell.

ACADEMICS

Education Qualification

Qualification	Year of Passing	University	Institute	Marks in %
BAMS	2016	KLE Academy of Higher Education and Research	Shri B M Kankanawadi Ayurveda Mahavidyalaya Belgaum Karnataka 590003	71%
Master Degree Panchakarma	2020	KLE Academy of Higher Education and Research	Shri B M Kankanawadi Ayurveda Mahavidyalaya Belgaum Karnataka 590003	73%
Health Research Fundamental	2018	ICMR	ICMR School of Public Health	77%
Stress Management	2019	IIT Kharagpur	IIT Kharagpur	69%
Pre-Ph. D Examination	2022	KLE Academy of Higher Education and Research	Shri B M Kankanawadi Ayurveda Mahavidyalaya Belgaum Karnataka 590003	GPA 8.25

RESEARCH PROJECTS

- Clinical Study on tolerability, treatment adherence, and safety of Drakshavaleha in the management of Iron Deficiency Anemia: An open label single arm study. Sponsored by CCRAS New Delhi.
- A research-based project entitled “Evaluation of Contrapain Lepa and Oil (topical application) for Analgesic and anti-inflammatory activities in Musculoskeletal Disorders – Clinical Study” Sponsored Project by MB Life Sciences Pvt. Ltd. New Delhi
- A research-based project entitled “Effect of MD Liniment in Musculoskeletal Disorders – An Open Clinical Trial” under department project at KLE Ayurveda Hospital Belagavi Karnataka in the department of Panchakarma.
- A research-based project entitled “Validating standards of Shodhanaga snehapana dose fixing format – An Open Clinical Trial” under department project at KLE Ayurveda Hospital Belagavi Karnataka in the department of Panchakarma.
- A research-based project entitled “To Evaluate and compare the effectiveness of Integrated approach of Panchakarma and Physiotherapy in Sciatica” under department project at KLE Ayurveda Hospital Belagavi Karnataka in the department of Panchakarma.
- A research-based project entitled “To Evaluate and compare the effectiveness of Integrated approach of Panchakarma and Physiotherapy in Frozen Shoulder under department project at KLE Ayurveda Hospital Belagavi Karnataka in the department of Panchakarma.
- A research-based project entitled Development and Implementation of Basti (Trans rectal drug administration) Fitness form – An Open clinical trial under department project at KLE Ayurveda Hospital Belagavi Karnataka in the department of Panchakarma.

DISSERTATION TITLE

- “Development of Instant form of Erandamula Niruha Basti – Its Stability and Safety Study”

PUBLICATIONS/ RESEARCH PAPERS/ CONFERENCES/ SEMINARS /WORKSHOP ATTENDED

Publications:

- Adjuvant Effect of Life Style Modification with Udvartana in Obesity- A Randomized Clinical Trial.
- Ayurvedic Management of Pakshaghata (Cerebrovascular Accident) A Case Study.
- Efficacy of Mrudu Samvahana (Forehead Massage) over Takra Dhara (Buttermilk Dripping Therapy) in Anxiety and Stress Induced Essential Hypertension – A Randomized Clinical Trial.
- Role Of Virechana In The Management Of Jalodara With Special Reference To Alcoholic Liver Disease: A Case Report.
- Sudden Generalized Weakness and Giddiness after administration of Lekhana Basti – An Unintended Drug Reaction (ADR).
- Advances in The Treatment of Intrahepatic Cholangiocarcinoma-ICLCA
- Obesity and Cancer
- More than 10 seminars/workshops attended.
- Publon ID: <https://www.webofscience.com/wos/author/record/ABE-5576-2021>
- ORCID: <https://orcid.org/0000-0002-4730-8673>

Reviewer / Editorial Board Member:

- Editorial board member for ManTech Publications.
- Editorial board member for Magnus Med club journals
- Assistant Editor for Journal of Ayurveda and holistic medicine.
- Editorial board member for Red Flower Publications
- Editor for Iterative International Publishers (IIP)
- Reviewer for International of Journal Life science & Pharma Research.
- Reviewer for Indian Journal of Ayurveda and Integrative Medicine KLEU.
- Reviewer for Asian Journal of Medicine and Health.
- Reviewer for Journal of Pharmaceutical Research International.
- Reviewer for Asian Journal of Research in Cardiovascular Diseases
- Reviewer for Journal of Ayurveda And Integrative Medicine.
- Reviewer for Journal of Traditional Medicines and Medical Anthropology
- Reviewer for Swasthavritta- A Journal on Diet, Hygiene, Yoga & Naturopathy
- Reviewer for Srijana: A Journal on Rachana Sharir and Kriya Sharir
- Reviewer for Kayachikitsa: A Journal on Internal Medicine & Research
- Reviewer for Journal of Traditional Medicines and Medical Anthropology
- Reviewer for International Journal of Ayurveda and Alternative Medicinal Research
- Reviewer for International Journal of Ayurveda and Herbalism
- Reviewer for Amruta: A Journal on Prasuti Tantra, Stree and Bal Rog
- Reviewer for Indian Journal of Ancient Medicine and Yoga
- Reviewer for Traditional Medicine Journal, Magnus Journals.

PERSONAL DETAILS

- **Name:** Dr. Vinayak Angadi BAMS, MD(Ayu)
- **Date of Birth:** 19th September 1993
- **Nationality:** Indian
- **KAUP Registration Number:** 36511 A
- **Designation:** Assistant Professor / Consultant at KLE Shri B M Kankanawadi Ayurveda Mahavidyalaya Shahapur Belagavi.
- **Language:** Kannada, English, Hindi, Marathi
- **Address:** Plot No 2184, BASAVSHAREE Sector No 11, Near Halkatti Bhavan Mahantesh Nagar Belagavi 590016.