

Faculty Profile

CAREER OBJECTIVE

Aiming at challenging and responsible position in professionally managed organization, where I can prove my skills to the success of the organization.



Basic Details:

Name: Yasmeeen Imtiaz .G

Designation: Associate Professor

Phone number: 9500182105

Email id: yasmeeng@srmist.edu.in

Area: Orthopaedic Physiotherapy

Affiliation: SRM College of Physiotherapy, SRM Institute of Science and Technology, Kattankulathur campus

ID's:

Google Scholar ID

<https://scholar.google.com/citations?user=KUwDUe0AAAAJ&hl=en&authuser=1>
yasmeen2987@gmail.com

VIDWAN ID- 315449, <https://srmist.irins.org/profile/315449>

Orchid ID- 0000-0002-6229-0774 <https://orcid.org/my-orcid?orcid=0000-0002-6229-0774>

Researcher ID- JJE-0516-2023

Scopus ID- <https://www.scopus.com/authid/detail.uri?authorId=58884423800>

Research Gate ID- <https://www.researchgate.net/profile/Yasmeen-Imtiaz-2>

Education Qualification

- Pursuing PhD in SRM Institute of Science of Technology, Kattankulathur.
- Master's in Physiotherapy (PT in Orthopaedic Conditions), Jaya College of Physiotherapy, Tirunindravur, Chennai. (2014-2016)
- Bachelor of Physiotherapy, Government Institute of Rehabilitation Medicine, kk nagar, Chennai. (2006-2011)

Academic Experience

- 10 years (from September 2016 till date) at SRM College of Physiotherapy, SRM Institute of Science of Technology, Kattankulathur.

Other Professional Experience

- Worked as Physiotherapist in Clinic at Perambur from 2011 to 2014

Other Details:

Courses:

- Basic Life Support- 14 December 2019
- iSARAH online training on evidence based hand exercise program for patients with RA - 4th August 2019

Faculty Development programs:

- FDP on “ADVANCING ACADEMIC EXCELLENCE THROUGH RESEARCH, IP, MENTAL HEALTH AND COMMERCIALISATION” from MAY 05-09, 2025, Virtual National Level Development Program.
- MASTER TRAINING WORKSHOP ON “CURRICULA DESIGN THEORIES & PRACTICES” 23 to 25 JULY 2024 by DLD SRMIST
- 5-DAY ONLINE FDP on THE THEME “INCULCATING UNIVERSAL HUMAN VALUES IN TECHNICAL EDUCATION” (UHV-1) ORGANIZED BY ALL INDIA COUNCIL FOR TECHNICAL EDUCATION (AICTE) FROM 13TH MAY TO 17TH MAY 2024.
- ATTENDED WORKSHOP on “ASSISTIVE TECHNOLOGY-ORTHOTICS AND ITS ROLE IN REHABILITATION” 28 APRIL 2024 by MOBILITY INDIA

- FDP on MASTER TRAINING WORKSHOP ON STUDENT CARRIER GUIDANCE by DLD SRM on MARCH 05-07, 2024
- FDP on OVERVIEW OF SYSTEMATIC REVIEW AND META ANALYSIS- 27 June 2023 by the Department of Medical Research, SRMIST
- ATTENDED 14 DAYS NATIONAL LEVEL FACULTY DEVELOPMENT PROGRAMME ON "INNOVATIVE TEACHING STRATEGIES AND TOOLS IN THE DIGITAL AGE" by SCROLLWELL on MAY 20 - JUNE 02, 2023
- FDP on PATENTS,FUNDING AND PUBLICATIONS organized by Sathyabama College of Physiotherapy- March 27 to March 31 2023
- Faculty Development Programme on BIOMECHANICS AND ITS APPLICATIONS by Department of Biomedical Engineering and Department of Mechanical Engineering SRMIST- March 13 to March 18 2023
- RECENT UPDATES IN HEALTH CARE RESEARCH organized by Chettinad School of Physiotherapy, Chettinad Academy of Research and Education- December 26 and 27 2022
- CROSS-CULTURAL ADAPTATION AND PSYCHOMETRIC EVALUATION OF PATIENT REPORTED OUTCOME MEASURES by SRMIST- December 17 2022
- A RESEARCH SERIES – RESEARCH DESIGN AND GRANT WRITING” ORGANIZED BY SRM COLLEGE OF PHYSIOTHERAPY, SRMIST- MAY 23-27, 2022
- CURRICULUM ENRICHMENT by SRIHER on JULY 31 2020
- LEARNING OBJECTIVES Vs LEARNING OUTCOMES IN MEDICAL /HEALTH SCIENCES EDUCATION by SRIHER on JUNE 29 2020
- BEST PRACTICES IN HIGHER EDUCATION INSTITUTIONS by SRIHER on MAY 27 2020
- STRATEGIES AND COMPETENCIES TO ENGAGE STUDENTS DURING ONLINE TEACHING by SRM COLLEGE OF PHYSIOTHERAPY, SRM INSTITUTE OF SCIENCE & TECHNOLOGY- JUNE 27 2020
- ENHANCEMENT OF ONLINE ASSESSMENT SKILLS FOR HEALTH SCIENCE FACULTIES by SRM COLLEGE OF PHYSIOTHERAPY, SRM INSTITUTE OF SCIENCE & TECHNOLOGY- JUNE 17 2020
- Faculty Development for Medical Educators – TEACHING STUDENTS IN THE AMBULATORY SETTING by THE OHIO STATE UNIVERSITY – March 16 2020
- Faculty Development for Medical Educators – DEALING WITH DIFFICULT STUDENTS:THE SLOW,THE RUDE AND THE UNCARING by THE OHIO STATE UNIVERSITY – March 13 2020
- WORKSHOP ON INNOVATIVE TEACHING METHODS FOR ALLIED HEALTH PROFESSIONALS by SRM COLLEGE OF PHYSIOTHERAPY, SRM INSTITUTE OF SCIENCE & TECHNOLOGY- JULY 25 & 26 2019

Research Interests:

- Pain management for musculoskeletal disorders
- Effects of Tapping
- Osteoarthritis
- Pediatric orthopedic conditions
- Tennis Elbow
- Amputation

PUBLICATIONS

1. K.C Gayathri, Mohamed A Nainar, Ahlam Mazi, Hari Babu, Yasmeen Imtiaz, Shenbaga Sundaram Subramanian, Riziq Allah Mustafa Gaowgzeh, Huda Yahya Alyahyaw, Mashael Abdullah Almadhi, Reem Alyoubi - DEVELOPING AND VALIDATING THE EXERCISE PROTOCOL IN EARLY INTERVENTION TREATMENT PROGRAMS FOR EARLYTERM BABIES – Fizjoterapia Polska 2025; 25(2); 265-268 DOI: <https://doi.org/10.56984/8ZG00E1242V>
2. T. Karthiga, G. Yasmeen Imtiaz , S. Hariharan- PHYSICAL FITNESS IN CHILDREN WITH THALASSEMIA MAJOR MEASURED WITH 6-MIN WALK TEST-Journal of the Scientific Society | Published by Wolters Kluwer – Medknow- DOI: 10.4103/jss.jss_129_23 Volume XX | Issue XX | 19 FEB 2024
3. Gayathri Kasiraman , Yasmeen Imtiaz Gousebasha , Hariharan Sridaran-EFFECT OF VESTIBULAR REHABILITATION ON POSTURAL STABILITY IN CHILDREN WITH VISUAL IMPAIRMENT- Auditory and Vestibular Research- DOI: <https://doi.org/10.18502/avr.v33i2.14810> Spring 2024;33(2):85-92
4. A. Abinaya, G. Yasmeen Imtiaz-ISOLATED MUSCLE ACTIVATION EXERCISES ON LUMBOPELVIC MUSCLE STRENGTH AND LUMBAR RANGE OF MOTION AMONG BIKE RIDERS -Asian Journal of Pharmaceutical Research and Health Care ,ISSN 2250-1444 Volume 15 Issue 3 July-September 2023
5. Mani Konda Bhagyashri Desha Anusha, Vinod Kumar Kanakapura Chananke Gowda1, Shenbaga Sundaram Subramanian, Yasmeen Imtiaz, Arul Pragassame, Makesh Babu Subramanian, Naresh Bhaskar Raj, Saira Afzal Majed Albadi And Riziq Allah Mustafa Gaowgzeh - VIDEO ANALYSIS OF THROWING TECHNIQUES IN COLLEGIATE SHOT-PUT ATHLETES: A VISUAL EXPLORATION OF THROWING STYLES AND PERFORMANCE FACTORS, International journal of experimental research and review, ISSN 2455-4855 Int. J. Exp. Res. Rev., Vol. 32: 89-96(2023)
6. Yasmeen Imtiaz G , Anandhi D , Ezhil Bhavani D , Monisha R-“ROLE OF DEVICE GUIDED PACED BREATHING ONBLOOD PRESSURE REDUCTION IN

HYPERTENSIVE OUTPATIENTS- A PILOT STUDY”- European Journal of Molecular & Clinical Medicine, ISSN 2515-8260 Volume 07, Issue 06, 2020

7. Ezhil Bhavani D, Monisha R, Yasmeen Imtiaz G, Anandhi D- “FEASIBILITY STUDY TO ASSESS THE EFFECT OF PACED BREATHING USING MOBILE APP ON DYSPNOEIC PATIENTS” Int J Pharm Bio Sci; ISSN 0975-6299; Special Issue SP-1; “Recent updates in Physiotherapy-EYAN 2018”
8. G Yasmeen Imtiaz, S Prabhakar, V Balachander “A STUDY TO COMPARE THE EFFICACY OF DYNAMIC SOFT TISSUE MOBILIZATION VS SELF MYOFASCIAL RELEASE TECHNIQUES FOR HAMSTRING TIGHTNESS IN HEALTHY MALE ” Indian Journal of Public Health Research & Development . DOI Number: 10.5958/0976-5506.2018.01423.7
9. G.Yasmeen Imtiaz, N.Sharon, D.Malarvizhi “ TO COMPARE THE EFFICACY OF VARIATION OF CARRYING ANGLE IN NORMAL COLLEGE STUDENTS VS SPORTSMEN USING HAND ACTIVITIES” Paripex - Indian Journal Of Research Volume-7 | Issue-4 | April-2018 | ISSN - 2250-1991 | IF : 6.761 | IC Value : 86.18
10. G.Yasmeen Imtiaz “EFFICACY OF RESISTED QUADRICEPS EXERCISE ON AGING SKELETAL MUSCLES ON SARCOPENIA Paripex - Indian Journal Of Research Volume-7 | Issue-3 | March-2018 | ISSN - 2250-1991 | IF : 6.761 | IC Value : 86.18
11. G.Yasmeen, R.Monisha, Lingammal, Ezhil Bhavani “EFFECTS OF PHYSIOTHERAPY REHABILITATION FOR BILATERAL ABOVE KNEE AMPUTATION” International Journal of Innovative Research and Advanced Studies (IJIRAS) ISSN: 2394-4404 Volume 5 Issue 1, January 2018
12. Yasmeen.G and Premalatha A P “EFFECT OF TAPING TECHNIQUE FOR ANTERIOR CRUCIATE LIGAMENT SPRAIN OF KNEE JOINT “*International Journal of Current Research Vol 9, Issue, 12, pp.62493-62496, December, 2017*
13. Monisha R and Yasmeen Imtiaz “EFFICACY OF FELDENKRAIS METHOD VS. RESPIRATORY GYMNASTICS FOR PATIENTS WITH CHRONIC OBSTRUCTIVE PULMONARY DISEASE” International Journal of Current Advanced Research Volume 6; Issue 11; November 2017; Page No. 7229-7232

BOOK PUBLICATION: Nil

WORKING PAPERS

- Impact of Internet Addiction on Physical Activity and Sleep Quality on Quality of life among College Students – YASMEEN IMTIAZ.G, BHARATHI.R
- Fatigability level and their Impact on Quality of life among Asthmatic Patients- A Correlation Study – YASMEEN IMTIAZ. G, HARILINGAM. M

- Impact of Diastasis Recti over Urinary Incontinence among Primiparous Women – YASMEEN IMTIAZ. G, SWETHA.S
- Impact of gaming addiction on Physical activity and Sleep quality among Esports players – YASMEEN IMTIAZ.G, ADIDELA KEZIA PRIYA
- Effect of Cryotherapy and strengthening exercise in Hoffa’s syndrome among sports players – YASMEEN IMTIAZ, RIDWAN
- Prevalence of Overuse Injuries among Boxers- An Observational Study –YASMEEN IMTIAZ. G, YUVARAJAN.J
- Prevalence of Levator Scapulae Syndrome among Software Professionals – YASMEEN IMTIAZ.G, RAJALAKSHMI.V
- Acute Effect of isolated muscle Activation Exercises on Lumbopelvic muscle strength and Lumbar range of motion among Bike riders – ABINAYA.A, YASMEEN IMTIAZ.G
- Comparison of Q- angle and Tibial Torsion among Knee pain individuals with and without IT band Tightness – AYESHA FARVIN.Z , YASMEEN IMTIAZ.G
- Efficacy of Calf muscle Strengthening Exercises in Osteoarthritis of Knee – AYESHA FARVIN.Z , YASMEEN IMTIAZ.G
- Tibialis Posterior Strength, Lower extremity Kinematics during Gait in Kathak dancers presenting with pronated foot– ABINAYA. A, YASMEEN IMTIAZ.G

WORK IN PROGRESS

- Effectiveness of Myofascial release and Maitland mobilization in health science students with Chronic Low back pain – SNEHA MOHANTY, YASMEEN IMTIAZ.G
- Effect of Patient Education and Mulligan Mobilization on Pain and Range of motion in patients with Adhesive Capsulitis – VIGNESH.K, YASMEEN IMTIAZ.G
- Comparison of Myofascial release Technique versus Dry Needling on Pain, Grip strength and Functional performance in patients with Lateral Epicondylitis – MITALI PURANDARE, YASMEEN IMTIAZ.G
- Barriers and factors affecting Physical Activities in Female Adolescents- An Observational Study- VIJAYSHREE, YASMEEN IMTIAZ.G
- Influence of Physical Fitness and Activity levels on Fatigue and Percieved Disease Severity among Schizophrenia Patients- KARTHIKEYAN, YASMEEN IMTIAZ.G
- Changes in Blood Pressure in different phases
- Impact of Long Distance Travel on Sleep Quality, Mental Health and MusculoskeletalPain among Working Women- THENAMUDHAN, YASMEEN IMTIAZ.G
- Knowledge, Attitude and Practice Towards Research among Health Science Students- ABIJITH, YASMEEN IMTIAZ.G
- Comparison of Myofascial Trigger Point Release on Thoracolumbar Fascia and Multifidus Among Bike Riders with Low Back Pain- AKASH, YASMEEN IMTIAZ.G
- Prevalence of Performance Related Musculoskeletal Discomfort Among Fine Art Final Year Students In or Out of Chennai- MOHAN, YASMEEN IMTIAZ.G
- Efficacy of Thermotherapy Versus Static Stretching on Nocturnal Leg Cramps Among Elderly Women- NISHA.S, YASMEEN IMTIAZ.G

- Coparision of Hand Eye Coordination among Students with and without Text Neck Syndrome- DEEPAKRAJ, YASMEEN IMTIAZ.G
- Level of Physical Fitness among Female College Students Using IPAQ Questionnaire- Short Form- ISHA KARKI, YASMEEN IMTIAZ.G
- Changes in Blood Pressure in different phases of Menstrual Cycle among Working Women- KAVITHA, YASMEEN IMTIAZ.G
- Effect of Tibialis Posterior and Gluteus Maximus Training on Plantar Pressure distribution during Static Gait in Flexible Flat Foot- PAUL JACKSON, YASMEEN IMTIAZ.G
- Effectiveness of Myofascial Sling Training on Performance of Throwing Velocity and Core Stability in Cricket Players- MOGANARANJINI, YASMEEN IMTIAZ.G

Workshops/Semi'nars/Conferences Attended:

- ATTENDED WORKSHOP on “IPR AND ENTREPRENEURSHIP FOR FACULTIES” in Association with DEI on 27th SEPTEMBER 2025 by SRM College of Physiotherapy
- ATTENDED “MOTION CAPTURE AND SURFACE ELECTROMYOGRAM INTO PRACTICE: INTERNATIONAL WORKSHOP FOR CLINICIANS AND INJURY BIOMECHANICS RESEARCHERS” on 24th JUNE 2025 organized by IRCOBI in partnership with IIT Madras, VIT Chennai and Chalmers University of Technology, Sweden
- ATTENDED 8th INTERNATIONAL PHYSIOTHERAPY CONFERENCE-“FLAIR 2024” on 7 and 8 NOVEMBER 2024, organized by SRI VENKATESHWARA COLLEGE OF PHYSIOTHERAPY, PUDUCHERRY
- ATTENDED WORKSHOP on “POSTURAL CONTROL ASSESSMENT-THEORY to PRACTICE” on JUNE 22 2024 by SRI RAMACHANDRA FACULTY OF PHYSIOTHERAPY, SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION RESEARCH (DU), CHENNAI
- ATTENDED NATIONAL LEVEL WORKSHOP on “SYNOPSIS WRITING” from 31MAY-15 JUNE 2024 by ESSGEE DIGISKILLS
- ATTENDED THE EDUCATIONAL EVENT: “BRIDGING THE GAP: UPDATES IN DUCHENNE MUSCULAR DYSTROPHY DIAGNOSIS” delivered in Webinar Format By: MEDALL EDUCATION ON 17TH APRIL 2024
- ATTENDED “ROLE OF CGM IN DIABETES CARE” by ASTER HEALTH ACADEMY on APRIL 9 2024
- ATTENDED WORKSHOP on “WOMEN IN LEADERSHIP ROLE-PIONEERING PATHWAY:WOMEN AT THE HELM” On MARCH 16, 2024
- Participated in Symposium on “REHABILITATION AND ASSISTIVE TECHNOLOGIES FOR PHYSIOTHERAPIST” by WHO on MARCH 6 2024 by SRMIST
- ATTENDED International Online workshop on “START RESEARCH WITH SMART ARTIFICIAL INTELLIGENCE TECHNOLOGY” from MARCH 2-4 2024
- One day online Conference in “INTELLECTUAL PROPERTY AND STARTUPS by TURNIP on 20 JAN 2024

- ATTENDED WEBINAR ON REVIEW PAPER PUBLICATION FOR RESEARCH SCHOLARS by Research Graduate on NOVEMBER 2023
- ATTENDED WORKSHOP on “PHYSIOTHERAPY ASSESMENT & EARLY INTERVENTION FOR CHILDREN WITH CEREBRAL PALSY” by SRM College of Physiotherapy on OCTOBER 21 2023
- PARTICIPATED IN the five hours Online Training on “DEVELOPMENT OF ECCONTENT: VIDEO RESOURCES" organized by Central Institute of Educational Technology, NCERT from 16-20, OCTOBER 2023
- ATTENDED WEBINAR ON THESIS WRITING FOR RESEARCH SCHOLARS by Research Graduate on 26 AUGUST 2023
- ATTENDED WEBINAR on “FUTURE OF TECHNOLOGY ENTREPRENEURSHIP IN INDIA by TURNIP on 12 AUG 2023
- ATTENDED WORKSHOP on LITERATURE REVIEW WRITING on JULY 8 2023 by Rehoboth
- COMPLETED 7 DAY DESIGN THINKING COURSE by TURNIP 13 to 19 JUNE 2023
- ATTENDED SHE PHYSIO 2 organized by IAP on 19 March 2023
- Participated in the STAY SAFE ONLINE Cyber Awareness week conducted by SRM College of Physiotherapy on FEB 13 to 17 2023
- WORKSHOP on “INTELLECTUAL PROPERTY COMMERCIALISATION by TURNIP on 21 JAN 2023
- 7TH World bioethics day on SOCIAL RESPONSIBILITY AND HEALTH on OCTOBER 19 2022 AT SRMIST
- NATIONAL INTELLECTUAL PROPERTY MISSION AWARENESS MISSION by Intellectual Property Office, INDIA on JULY 29 2022
- TWO WEEK ENTREPRENEURSHIP COURSE organized by Turnip Innovations JULY 8 to 21 2022.
- ATTENDED Virtual NATIONAL WORKSHOP on “INCLUSIVE SPORT AND PHYSICAL ACTIVITIES FOR PERSONS WITH DISABILITIES” by SRMIST on 4th FEB 2022
- ATTENDED A WEBINAR ON OUTCOME MEASURES IN INTENSIVE CARE UNIT - PHYSIOTHERAPISTS PERSPECTIVE ON 22ND DECEMBER 2021.
- “INNOVATION BUSINESS EMPLOYMENT ENTREPRENEURSHIP - PHYSIO ZEAL 2021 CONFERENCE” ORGANISED BY THE DEPARTMENT OF PHYSIOTHERAPY, SCHOOL OF HEALTH SCIENCE, GARDEN CITY UNIVERSITY ON 17TH OF NOVEMBER 2021.
- ATTENDED WEBINAR ON “ORGAN DONATION” ORGANISED by SRM college of Physiotherapy in Association with MOHAN Foundation on DECEMBER 4th 2021.
- ATTENDED WEBINAR ON “IMPLEMENTATION OF NEP 2020 in HEIs ORGANISED BY THE IQAC.B.S.ABDUR RAHMAN CRESCENT INSTITUTE OF SCIENCE & TECHNOLOGY on 16 JUNE 2021
- ATTENDED A WEBINAR ON ROLE OF PHYSIOTHERAPY ON ACCOUNT OF INTERNATIONAL DAY OF PERSONS WITH DISABILITIES (IDPD) 2020 ON

3RD DECEMBER 2020 AT SRM COLLEGE OF PHYSIOTHERAPY – ONLINE ZOOM PLATFORM.

- ATTENDED A WEBINAR ON “ROLE OF PHYSIOTHERAPY IN PCOS WOMEN” ON 30TH SEPTEMBER 2020 ONLINE WEBINAR – ZOOM PLATFORM.
- ATTENDED WEBINAR SERIES Organized by ALUMINI ASSOCIATION OF GOVERNMENT COLLEGE OF PHYSIOTHERAPY – AUGUST to DECEMBER 2020
- NATIONAL EDUCATION POLICY-2020 FOR HIGHER EDUCATION by SRIHER on AUGUST 10 2020
- PHYSIOTHERAPY WEBINAR SERIES 2020 BY AASRMPT in ASSOCIATION WITH SRM College of Physiotherapy, SRM Institute of Science & Technology- JUNE 22 to JULY 31 2020
- CURRICULUM ENRICHMENT by SRIHER on JULY 31 2020
- LEARNING OBJECTIVES Vs LEARNING OUTCOMES IN MEDICAL /HEALTH SCIENCES EDUCATION by SRIHER on JUNE 29 2020
- BEST PRACTICES IN HIGHER EDUCATION INSTITUTIONS by SRIHER on MAY 27 2020
- Faculty Development for Medical Educators – TEACHING STUDENTS IN THE AMBULATORY SETTING on MAR 16 2020
- Faculty Development for Medical Educators – DEALING WITH DIFFICULT STUDENTS:THE SLOW,THE RUDE AND THE UNCARING on MAR 13 2020
- AWARENESS PROGRAM ON MENSTRUAL HYGIENE AMONG SCHOOL CHILDREN Held at Hippocrates Auditorium, SRM college of Physiotherapy, SRMIST on MAR 11 2020
- RESEARCH DAY CELEBRATIONS 2020 at SRMIST on FEB 26 2020
- INTRODUCTION TALK ON CENTER OF STATISTICS held on FEB 13 2020
- ACCORD 2020 – ALUMNI REUNION Organized by SRM College of Physiotherapy in Association with ALUMNI association of SRM college of Physiotherapy held on JAN 10th & 11th 2020
- BIOETHICON 2019 at SRMIST held on NOV 8 TO 10 2019
- BIOETHICON 2019 – ENHANCING ETHICAL DECISIONS USING THE SLICE MODEL held on NOV 7 2019
- Workshop on INNOVATIVE TEACHING METHODS FOR ALLIED HEALTH PROFESSIONALS on JULY 25 & 26 2019
- EYAN 2018 – WORKSHOP ON RESEARCH DESIGNS AND A-Z OF GETTING YOUR RESEARCH PUBLICATIONS on DEC 15 2018
- EYAN 2018 – RECENT UPDATES IN PHYSIOTHERAPY on DEC 13 & 14 2018
- Workshop on EDUCATIONAL TECHNOLOGY FOR PHYSIOTHERAPY EDUCATORS on JULY 20 2018
- NATIONAL CONFERENCE ON RECENT UPDATES IN NEURO PHYSIOTHERAPY on DEC 14 & 15 2017

- TN DR. MGR MEDICAL UNIVERSITY – NATIONAL CONFERENCE ON CARDIO PULMONARY REHABILITATION on SEP 23 & 24 2017
- PHYSIOTHERAPY UPDATES & ADVANCEMENTS – WORKSHOP ON RESEARCH FOR PHYSIOTHERAPIST on APR 23 2017
- SRMIST - PHYSIOTHERAPY UPDATES AND ADVANCEMENTS on APR 21 & 22 2017
- THE OBSTETRIC & GYNAECOLOGICAL SOCIETY OF SOUTHERN INDIA – PICSEP WORKSHOP ON RESEARCH METHODOLOGY on FEB 12 2017
- STATE LEVEL CONFERENCE ON STATISTICS & RESEARCH METHODOLOGY FOR PHYSIOTHERAPISTS on NOV 28 & 29 2014
- GOVT COLLEGE OF PHYSIOTHERAPY - PHYSIOTHERAPY ON KNEE JOINT AND FUNCTIONAL MANAGEMENT on SEP 18 2010
- GOVT COLLEGE OF PHYSIOTHERAPY - POST NATAL EXERCISES AND PHYSIOTHERAPY IN ONCOLOGY on JULY 17 2010
- GOVT COLLEGE OF PHYSIOTHERAPY - MYOFACIAL RELEASE AND BALANCE on JUNE 19 2010
- OCHER to GREEN PHYSIOTHERAPY and FITNESS SOLUTION – LOWER EXTREMITY PROSTHETIC REHABILITATION on APR 18 2010
- INDIAN ASSOCIATION OF PHYSIOTHERAPY – MYOTHERAPY, ERGONOMICS & TAPING IN PHYSICAL REHABILITATION PROGRAM on APR 3 2010
- PSG COLLEGE OF PHYSIOTHERAPY COIMBATORE – MYOFACIAL RELEASE on DEC 3 2009
- INDIAN ASSOCIATION OF PHYSIOTHERAPY - CLINICAL REASONING IN CARDIAC REHABILITATION AND DECISION MAKING IN INTENSIVE CARE MANAGEMENT on JULY 12 2009

ONLINE COURSES

- From iGOT Diksha GENERAL CARE and PROCEDURES on 04 MAY 2022
- From iGOT Diksha EMOTIONAL PREPAREDNESS TO CARE FOR COVID-19 PATIENTS on 30 APRIL 2022
- From iGOT Diksha DISCHARGE ADVISE and FOLLOW UP of COVID-19 PATIENTS on 30 APRIL 2022
- From iGOT Diksha COVID-19 FACILITY MANAGEMENT on 30 APRIL 2022
- From iGOT Diksha COMPLICATIONS IN COVID- 19 on 22 FEBRUARY 2022
- From iGOT Diksha COMMUNICATION WITH FAMILIES OF CHILDREN WITH COVID- 19 INFECTION on 22 FEBRUARY 2022
- From iGOT Diksha CARDIO- PULMONARY RESUSCITATION IN ADULT COVID- 19 PATIENTS on 22 FEBRUARY 2022

WORKSHOP ORGANIZED:

- BASIC CONCEPTS OF BIOPHYSICS AND ITS APPLICATION IN PHYSIOTHERAPY on 25 APRIL 2025
- BASIC CONCEPTS OF BIOPHYSICS AND ITS APPLICATION IN PHYSIOTHERAPY on 22 AUGUST 2024
- UNDERSTANDING SCOLIOSIS- (TYPES, TOOLS AND TREATMENT) on 24 NOVEMBER 2022 at SRM College of Physiotherapy, SRMIST.

OUT REACH PROGRAMS:

- FIELD VISIT TO SRM PHC, MARAIMALAI NAGAR AND SIVANDHA GURUKULAM in MARCH 2023
- “FOCUSING GERIATRICS” COMMUNITY OUTREACH PROGRAM to VISHRANTI HOME FOR AGED DESTITUTE WOMEN, 227, MGR SALAI, CHINNA NILANGARAI KUPPAM, PALAVAKKAM, CHENNAI, TAMIL NADU 600041, INDIA on JULY 30 2022

Patent:

- RESPIRATORY ASSESSMENT DEVICE FOR PHYSICALLY CHALLENGED INDIVIDUALS has been filed.

Achievements and Awards:

- RECEIVED ‘AWARD FOR RESEARCH CONTRIBUTION’- SIGNIFICANT CONTRIBUTION TO RESEARCH (MORE THAN 3 PUBLICATIONS FROM JULY 2023 TO JUNE 2024 BY SRMIST.
- RECEIVED S.RAMANUJAN AWARD-2024 FROM ARAI IN RECOGNITION OF OUTSTANDING AND EXEMPLARY PROFESSIONAL AND RESEARCH ACHIEVEMENTS IN THE FIELD OF PHYSIOTHERAPY
- RECEIVED EDUCATION ICON AWARDS 2023- AWARD FOR CONTRIBUTION TO STUDENT DEVELOPMENT
- Presented topic as a RESOURCE PERSON on AMPUTATION- AN OVERVIEW AND STUMP MANAGEMENT at SRM College of Physiotherapy, SRMIST for MSPT UPDATE on December 04 2022
- CERTIFICATE OF APPRECIATION FOR RESEARCH AND TEACHING from SRMIST-2022
- BIOETHICON 2019 THIRD PLACE IN ORAL PAPER PRESENTATION ON THE TOPIC – ETHICS & PHYSIOTHERAPY CURRICULUM- REVIEW

- RESEARCH DAY 2019 @ SRMIST – GOLD MEDAL FOR THE PAPER PRESENTATION ON THE TOPIC – A ROLE OF DEVICE GUIDED PASTE BREATHING ON BLOOD PRESSURE REDUCTION

Membership:

- Life member in Indian Association of Physiotherapists. Membership Number: LA-39608
- Life member in Indian Science Congress Association Membership Number: A7896
- Life member in Association of Researchers and Academicians India. Membership Number: M2430

DUTIES AND RESPONSIBILITIES DOING

- Classes taken for BPT and MPT courses
- Guiding Projects and Dissertation for BPT and MPT students.
- Mentoring the students
- Clinical Training for PG students.
- Co-ordinating for Social Media Communication
- Class Co-ordination for BPT III semester students
- BPT 2023 batch External subject Co-ordination (Inter disciplinary Courses)
- Orthopedics Lab Incharge
- NAAC Criteria 6 committee member
- University Examination Conduction- Paper and Food Arrangement.
- College events co-ordination with committee allotted
- Board of Studies Member- College of Physiotherapy January 2024 to December 2025
- Value Added Course VACCPT15- Orthotic and Prosthetic Technology Course Incharge.
- Member of Students Grievance Redressal Committee- SRM College of Physiotherapy
- Member of Equal Opportunity Cell- SRM College of Physiotherapy

Professional Development:

- External Examiner for Practical's- for Physiotherapy college
- External Examiner for Paper Valuation
- External Question Paper Setting
- Reviewer in PLOS ONE Journals.

IDEA PROJECTS:

- Sensor for lower limb amputees after prosthetic training to prevent deviations of abnormal gait.
- Prevention of lower limb amputation by detection of skin fold thickness in Diabetic population

ONGOING COURSES:

- Cambridge International Certificate in Teaching and Learning
- TAP COURSES-by MOBILITY INDIA
- UHV-2

Yasmeen . G

Yours Faithfully