

RESUME

NAME: **Dr. PRASANNA PRABHU .D**

AGE : 35 years

SEX : Male

DATE OF BIRTH: 16.04.1990

Dental Council Reg. No.: **18517**

FATHER'S NAME : R.DHEENA DAYALAN (Retired Bank Employee)

MOTHER'S NAME : D.SHANTHA KUMARI (Home Maker)

HOBBIES: Post-Crossing, Philately, Fridge Magnet, Coins and Currency Collection.

LANGUAGE KNOWS :

LANGUAGE	TO SPEAK & READ	TO WRITE
TAMIL	✓	✓
ENGLISH	✓	✓
HINDI		✓

CONTACT ADDRESS : Old No:7, New No:6,
10th Lane,
Naval Hospital Road,
Periamet,
Chennai – 600 003.

CONTACT NO : 9176171537 / 7200071537

EMAIL ID : prasannaprabu2010@gmail.com

PERMANENT ADDRESS : Old No:8/1, New No:19,
Dayalammal Street,
Padmanaba Nagar,
Choolaimedu,
Chennai – 600 094.

MARITAL STATUS : Single

EDUCATIONAL SUMMARY:

COURSE	NAME OF THE INSTITUTE	UNIVERSITY/ BOARD	YEAR PASSING	MARKS %
Xth Std	Mohamed Sathak Mat. Hr. Sec. School	Tamil Nadu Matriculation Board	2005	55%
XIIth Std	Vallal Sabapathy Mat. Hr. Sec. School	Tamil Nadu State Board	2008	55%
B.D.S	Priyadarshini Dental College and Hospital	The Tamil Nadu Dr. MGR Medical University	February 2013 / March 2014 (Internship)	66%
M. Sc (Psychology)	University of Madras, Institute of Distance Education	University of Madras	June 2016	63%
CERTIFICATE COURSE in Counseling Psychology	University of Madras	University of Madras	January 2017	First Class
P.G DIPLOMA in Developmental Disabilities	University of Madras	University of Madras	April 2017	First Class
M. Phil in Psychology	Presidency College (Autonomous)	University of Madras	August 2018	77%
CERTIFICATE COURSE in Guidance and Counseling	NITTTR, Chennai	SWAYAM MOOC	November, 2022	92%
Ph. D. in Applied Psychology	NITTTR, Chennai (University of Madras)	University of Madras	July 2025	Highly Commendable

TEACHING EXPERIENCE

- ✓ Worked as PTA Faculty from September 2018 to January 2019 and Guest Lecturer from January 2019 to November 2019 in Department of Psychology, **Dr. Ambedkar Government Arts and Science College (Autonomous)**, Vyasarpadi, Chennai – 600039.

CLINICAL EXPERIENCE:

- ✓ 1 year (October 2012-September 2013) @ '**ZION DENTAL CLINIC**', Perambur, Chennai.
- ✓ 7 months (October 2013-April 2014) @ '**SMILE 32 DENTAL CLINIC**', Perambur, Chennai.
- ✓ 5 months (July 2014-November 2014) @ '**I TOOTH DENTAL CARE**', Arumbakkam, Chennai.
- ✓ Presently **Consultant Senior Dental Surgeon** to various Clinics in and around Chennai.

INDUSTRIAL EXPERIENCE:

- ✓ 4 months (November 2014-february 2015) '**Vidal Health Third Party Administrator Private Limited (TTK)**', Kilpauk. As **DISTRICT MEDICAL OFFICER** (Thiruvallur), for Tamil Nadu Government project **CMCHIS**.
- ✓ 1 Year 5months (February 2015- July 2016) '**Medi Assist India TPA Limited**', Chennai, as **Medical Officer** for Claims processing, MOS, Investigation.
- ✓ 1 Year 2 months (October 2020 to December 2021) '**NLGIC**', Chennai as **Medical Co-ordinator**.
- ✓ **Consultant Doctor** - '**Portea Health Care**', Chennai. From November 2016.
- ✓ Currently working as **Psychologist and Project Coordinator, South India Positive Network, Chennai** from **November 2023 to till now**.

FIELDS OF INTEREST

- ✓ **Teaching** Experimental Psychology, Psychological Assessment, Developmental Psychology, Social Psychology, Counselling and Guidance, Research Methodology, Principles of Sociology, Social Anthropology.
- ✓ **Counselling** Career Guidance, Adolescent issues, School related problems, Relationship issues.
- ✓ **Training** Personality Enrichment, Life Skills Training, Social Skills Training.

PROFESSIONAL STRENGTHS:

- ✓ In-depth knowledge in Psychology with specialization in Applied Psychology and ability to simplify complex concepts.
- ✓ Ability to use Technology in Teaching.
- ✓ Using Student Centric Approach
- ✓ Have excellent command over written and verbal communication.
- ✓ Familiar with SPSS, Micro Soft word, Power Point, Excel.

ACADEMIC ACCOLADES:

- **CLINICAL TRAINING:**
- ✓ Attended Clinical training '**BASIC LIFE SUPPORT**' In February 2012.

- **PAPER PRESENTATION AND PUBLICATIONS:**

- ✓ Presented and won best paper in Periodontics - **‘Better Bone Implant Using Serratia Bacteria’**, held during October 9th & 10th 2013, at Tagore Dental College.
- ✓ Presented and published paper on **‘Psychological Implication of Oral Health among Adolescents’** held on 5th and 6th December 2017. In national seminar on the Psychology of gender: Bridging the gaps, at Dr. MGR Janaki College of Arts and Science for women, Chennai. In International Journal of Current research and academic review. Special issue 5, April 2018. **ISSN – 2347 – 3215.**
- ✓ Presented and published paper on **‘Psychological Collision of Dental Aesthetics and Well-being among Youth’**, held on 6th January 2018. In international seminar on Contemporary technologies: prospects and challenges for psychological well-being, at Anugraha Institute of Social Sciences, Dindigul. **ISBN No: 978-93-87882-14-0.**
- ✓ Presented and published paper on **‘An Effectiveness of Oral Health Status Contributes with Psychological Well-being of Youth’**. Held on 8th to 10th February 2019. In 3rd International conference on Future Mental Health: Importance of Integrated Approach, at Anugraha Institute of Social Sciences, Dindigul. **ISBN NO: 978-93-5382-090-9.**
- ✓ Presented paper on **‘Oral Health Associated Quality of Life and Psychological Well-being among the Youth’**. Held on 8th to 10th February 2019. In 3rd International conference on Future Mental Health: Importance of Integrated Approach, at Anugraha Institute of Social Sciences, Dindigul.
- ✓ Presented paper on **‘Study of Relationship among Self-esteem, Emotional maturity and Psychological Well-being of College Students’**. Held on 8th to 10th February 2019. In 3rd International conference on Future Mental Health: Importance of Integrated Approach, at Anugraha Institute of Social Sciences, Dindigul.
- ✓ Presented paper on **‘An Efficacy of Oral Health status persuades on Psychological well-being of Youth’**. Held on 3-days International conference on “Challenges of Workplace Counselling in the new millennium – New approach towards Employee Assistance Programme” organized by the Department of Counselling Psychology, University of Madras, Chennai from 1st to 3rd March 2019.
- ✓ Presented paper and **won 3rd place ‘Psychology of Oral Health: The Link Between Teeth and Emotion’** organized by the Department of Home Science, held on 11th and 12th December 2019 at Dr. Ambedkar Government Arts College, Vyasarpadi, Chennai. The research article selected and got published in Proceedings for the National Conference on Prevention and Management of Non-Communicable Disease – 11th Dec, 19 – Chennai. **ISBN NO: 978-93-87882-30-10.**
- ✓ **Prasanna Prabhu D and Rajendran R (2022), Assessment of Depression, Anxiety, Stress and Psychological Well-being in Adolescents in Relation to Parenting Style**, Indian Journal of Psychological Science, Vol-15, No.1, ISSN: 0976-9218.
- ✓ **Prasanna Prabhu D and Rajendran R (2023), Study on Identification of Areas on Students’ Counselling in Technical Institutions**, Emerging Issues in Business and Social Sciences – Bloomsbury Publishing India Pvt. Ltd. (Bloomsbury United Kingdom), ISBN: 978-93-56403-02-4.

- ✓ **Prasanna Prabhu D (2023), Psychological Aspects of Learning**, A New Era of Educational Psychology (ABS Books, Publisher & Exporter), ISBN: 978-93-94424-60-9.
- ✓ **Prasanna Prabhu D (2023)**, Understanding The Association Between Self-Esteem, Resilience and Perceived Stress Among Undergraduate Students, South India Journal of Social Sciences, Vol. XXI January-June 2023, No.30, ISSN-0972-8945.
- ✓ **Prasanna Prabhu D and Supraja R (2023)**, Psychological Price of Entrepreneurship in the Post Pandemic Era, South India Journal of Social Sciences, Vol. XXI January-June 2023, No.33, ISSN-0972-8945.
- ✓ **Prasanna Prabhu D (2023)**, A Study on Self-Esteem, Emotional Maturity and Psychological Wellbeing of Working College Students, Bloomsbury Publishing India Pvt. Ltd. (Bloomsbury United Kingdom), ISBN: 978-81-96656-81-2.
- ✓ **Prasanna Prabhu D (2024)**, The Link Between Oral Health Status and Psychological Wellbeing Among Young Adults, SRM Journal of Research in Dental Sciences (SRMJRDS) (Wolters Kluwer) (Indexed: Scopus, Web of Science), Jul-Sep 2024 - Volume 15 - Issue 3, ISSN: 2772-5243/ E-ISSN: 2772-5251.
- ✓ **Prasanna Prabhu D and Jayashree .K (2024)**, Prevalence of Smokeless Tobacco Consumption among Auto-Rickshaw Drivers in Chennai, Indian Journal of Preventive and Social Medicine (IJPSM), Vol. 55, No. 4, 2024, ISSN: 0301-1216.
- ✓ **Prasanna Prabhu D and Jayashree .K (2025)**, Understanding Thirukkural: A Positive Psychology Perspective, Tamilmanam International Research Journal of Tamil Studies (TIRJTS), Vol. 2, No. 02, September 2025, E-ISSN: 3049-0723.
- ✓ **Prasanna Prabhu D (2025)**, Cognitive Processing and Conceptualization in Tamil: A Psycholinguistic Review, Tamilmanam International Research Journal of Tamil Studies (TIRJTS), Vol. 4, No. 02, November 2025, ISSN: 3107-7781.

- **POSTER PRESENTATION:**

- ✓ Presented and won best poster in Microbiology - ‘**Structure of H1N1**’ in 5th National BDS student seminar on Basic Medical Sciences on 12th December, 2009 at Saveetha University, Chennai.
- ✓ Presented and won 1st prize in E-poster in Periodontics - ‘**Management of Dentin Hypersensitivity at Clinic and Home**’ in the future Dental professionals program held on 17th October, 2013 at Priyadarshini Dental College.

- **DENTAL HEALTH EDUCATION:**

- ✓ Participated in the celebration of ‘World No Tobacco Day’ 31st May 2013 conducted by State Tobacco Cell, Government of Tamil Nadu.
- ✓ Participated and got appreciation for attending Dental camp on 19th June 2013 at Sathya Murthi Bhavan, Chennai.

- **WORKSHOP:**

- ✓ Attended one-day International symposium on ‘Bridging gaps between theory and practice’ at University of Madras, Department of Counselling Psychology on 21st October, 2016.

- ✓ Attended one-day workshop on 'Family therapy: Introduction to key ideas' at University of Madras, Department of Counselling Psychology on 18th January, 2017.
- ✓ Attended one-day workshop on 'Prevention and early intervention for juveniles in conflicts with law' at University of Madras, Department of Counselling Psychology on 21st April, 2017.
- ✓ Attended one-day workshop on 'Art & Drama Therapy' at Madras School of Social Work on 8th March 2018.
- ✓ Attended two-days workshop on 'Playback Theatre' – Introductory at Presidency College (Autonomous), on 10th and 13th August 2018.
- ✓ Attended two-days National seminar on 'Recent trends in psychotherapy' at Department of Applied Psychology & Behavioural Research, JBAS College for Women, Chennai on 19th and 20th September 2018.

CULTURALS:

- **SOAP CARVING:**
 - ✓ Got 1st prize in Soap carving in 'MIDAS FEST 2012', December 2012, held at Sri Venkateshwara Dental College.
 - ✓ Got 1st prize in Soap carving in MOKSHAA '13, held on 6th and 7th April 2013 at Sri Venkateshwara Dental College.
 - ✓ Got 1st place in Junk art in 'Chintha', held on October 9th, 2017 during the World Mental Health Day Awareness Programme, at Department of Psychology, University of Madras.

I, abide that the above given information are true to my knowledge.

Place: Chennai

Signature

Date:

(Dr. PRASANNA PRABHU.D)